

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs

## Contact

### ***Are you a parent or caregiver looking for resources and support?***

These voluntary home visitation programs give young children stronger, more supportive relationships with their parents through on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

#### **Healthy Families**

**Southwest Human Development**  
(602) 427-4682

#### **Parenting Arizona**

**Parenting Arizona**  
(602) 248-0428 ext. 230

#### **Choices for Families**

**Child and Family Resources**  
(480) 253-6970

### ***Do you have parenting questions or need advice?***

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

**Southwest Human Development**  
1-877-705-KIDS (5437)

### ***Are you looking for pregnancy support services?***

#### **North Phoenix Teen Parent Support Program**

Increases healthy pregnancies and good birth outcomes for pregnant and parenting teens by enrolling in parent education classes.

#### **Nurse Family Partnership**

Provides in-home visits by skilled professionals to serve women with first time pregnancies and their families. Increases healthy pregnancies and good birth outcomes.

**Child and Family Resources**  
(602) 234-3941

**Southwest Human Development**  
(602) 633-8681

***Do you want information about your child’s physical or oral health?***

**Arizona Outreach Coalition**  
Increases children’s access to preventive health care and builds community awareness of the availability of public health insurance options.

**Arizona Outreach Coalition**  
(602) 266-0707 ext. 211

***Want to see how reading and play can help your child learn?***

These programs help parents support their young child’s love of words and books.

**North Phoenix Early Literacy Project**

**Arizona Board of Regents**  
(602) 496-2313

**Phoenix Public Library**

**Phoenix Public Library**  
(602) 534-3424

**Raising a Reader**

**Southwest Human Development**  
(602) 266-5976 ext. 8749

**School Readiness Kits**

**Valley of the Sun United Way**  
(602) 631-4907

**First Things First North Phoenix Regional Partnership Council**  
**For more information contact:**  
Karen Yearwood, Regional Director at [kyearwood@azftf.gov](mailto:kyearwood@azftf.gov) or  
Marlene Moreno, Community Outreach Coordinator at [mamoreno@azftf.gov](mailto:mamoreno@azftf.gov) or 602-771-5024

North Phoenix ZIP Codes				
85020	85021	85022	85023	85024
85027	85028	85029	85032	85050
85051	85053	85083	85054	85085
85086	85087	85302	85304	85306